



Scan me

ARCH – Association of Residents of Canford Heath

Email: canfordheatharch@gmail.com

Website: <https://canfordheathnetwork.org/>

Canford Heath Group Practice Doctors Surgery

Tel 01202 772540

Canford Heath Link Magazine

Tel 01202 148011 or email: info@focus-magazines.co.uk

Children

Children's Centre – 01202 261518

Beacon Church Pre-school - 01202 686965

Cuddles Day Nursery (by Limelight's) – 01202 672671

Jumping Jellybeans Playschool (St Pauls Hall) - 0770 883 9918

Mini-Monkey Gym Limelight's (soft play for pre-school children) Vickie 07876710427

Tiny Explorers pre-school (Scout Hall) - 01202 698649

Montacute School Swimming Pool -

Email: montys.pool@montacute.poole.sch.uk

Website: <https://www.montacute.poole.sch.uk/swimming-pool/>

Community Gardens

Adastral Square Garden – contact via the library

Dentists

Teeth on the Heath – 01202 674331

Website: <https://www.teethontheheath.co.uk/>

Neighbourhood Centre dental practice – 01202 692917

Website: <https://www.dental-poole.co.uk/>

Dexter's Football Club (club house in Learoyd rd.)

Tel: 0789 4089 339

Email: chairman@dextersportsyfc.org.uk

Neighbourhood Watch

email: chairman@chnw.org.uk



Scan me

Canford Heath Community Centre

7 Mitchell Road, BH17 8UE

Tel 0798 4961 694 or Facebook: <https://www.facebook.com/Chrca2017/>

Jiggy Wrigglers- Mon 9:15-12:15

Slimming World – Mon 6 – 8:30pm

Ladies Badminton - Tues 9:30am -12

Moonlight Shufflers Tues 12-4:45pm

Clubercise Tues 6-7.15pm

The Thing Modern Jive– Tues 8 - 9pm

Slimming World – Wed 9-12pm

Jan Mizen Dancers – Wed 5- 6pm

Clubercise – Wed 7:15 - 8:30pm

Music with Mummies – Thur 9:15-10:15am

Townswomen's Guild –3rd Thurs 10:30-12:30pm

Jan Mizen Dancers – Thur 5:30 – 7:30pm

Poole Re-enactment Society 7:45-9:45pm

Music with Mummies – Fri 9:30-11:45am

Jan Mizen Dancers – Fri 4-5:15pm

Mavericks Arts Fri 7 - 9.30pm

Indoor Car boot Sale -Sun Sellers 9am buyers 10am-12

Community fridge currently 9:30-10:30 Monday - Saturday

Afternoon Tea Dances one Sunday a Month 14.00-17.30

Baby Bank by appointment contact Becky on 07984961694

For booking enquiries contact Becky on 07984961694 or on the Community Centre Facebook page



Beacon Church

1-3, Mitchell Road, BH17 8UE

Tel 01202 687697 or email: Bookings@churc.co.uk

Beacon Toddler group – Mon 10-11.30am term time

Brownies/Guides – Tue 5.30pm/7.15pm

Prama Life Memory Lane Wed 2-4pm Email: sue.parsons@prama.uk

Youth club (Energise for years 3-5) – Wed 6:30-7:45

Youth club (Ignite for years 6-8) – Thur 6:15-7:45pm

Youth club (Restart for years 9-13) - Thur 8-9:15pm

Who let the dads out! Second Saturday alternate months



Canford Heath Library

Mitchell Road BH17 8UE

Tel 01202 127127

email: canfordheathlibrary@bcpcouncil.gov.uk

Wriggle & Rhyme – Mon and Fri 10.30-11am

Foodbank donations - during opening hours

Scrabble Club – Mon 2-5pm

Groovi Parchment Craft Group - Tuesday 10.30am – 12.30 pm

Creative Writing (U3A) Wed 1:30pm-3:30pm except last Wed of the month

Adult Colouring – Thur 10am-12pm

Busy Bees Gardening club – 2nd Thur 7pm-9pm

CHAS – Canford Heath Arts Society – 4th Thur 7pm-9pm

Knit and Natter – Fri 10am-12pm

Councillor surgery drop-in – last Fri 5-6pm

Canford Heath Wine Circle Second Fri 7:30-9:30pm email sec.chwc@gmail.com

Craft Club – Sat 10am-1pm

Lego club – Sat 10am-1pm

Second-hand book sales – Usually held each month on a Saturday 10am-12pm



Ashdown Leisure Centre

Adastral Road, BH17 8RE

Tel 01202 604224

email: ashdowninfo@everyoneactive.com

Website: <https://www.everyoneactive.com/>

Ashdown Leisure Centre now have a full range of activities contact them to find out more.



Poole Athletics Club meet every Tuesday and Saturday for children 8 or over.

Visit their website for details: <https://pooleac.co.uk/junior-training-schedule/>

Scout Hall

Sherborn Cres, BH17 8AP

<https://www.poolescouts.org.uk/join-scouts-in-poole/>

Tiny Explorers Pre-School – Mon -Fri 07842 939068

Squirrels/Beavers/Cubs/Scouts – chscouts@virginmedia.com

Or telcpoole@ntlworld.com



St Pauls Church and Church Hall (Church of England)

Culliford Crescent BH17 9DW

Tel 01202 605311 or email: stpauls.canfordheath@btinternet.com

Jumping Jelly-Beans preschool Mon-Fri 8:00-4pm

Tuesday Group Bible study 10-12pm

Art on the Heath – Tues 1 -4pm(full)/Wed 6:30-9:30pm

Needles and Natter (must be a member of U3A)10-12pm

Sequence Dance Evening Couples/Singles no experience required Tues 7pm -8pm

Lunch Club Wed 12-1:30pm (term time only)

Venusians – Ladies Social group with a varied monthly programme – 1st Wed 7.30pm

Little Treasures Mothers and Toddlers age 0-5 –Thur 1-2:30pm in term-time

Rainbows age 4-7 5:30-7pm Brownie's age 7-10 6-7:30pm

Guides age 10-14 – Thurs-7:30-9pm

Jewellery & Beading Club (must be a member of U3A) Fri 10-12pm

Heath Social club - 1st and last Fri 1:30-4pm

Saturday Friends every 2 Weeks 10-12pm

Sunday Club & Crèche 10am (except 3rd Sunday in the month which is all ages.)



Limelight's Youth Centre

Learoyd Road, BH17 8PJ

Tel 01202 672318

Poole Men's Shed– Wed 10 am – 1pm

Contact Pete Dryden 07834422583

Mini-Monkey Gym Fri (soft play for pre-school children)

Cheeky Monkeys – 1½ to 2½ 10:15

Funky Monkeys – 2½ to 5 11:15

Little Monkeys – 6-18 months@ 12:15

Baby Monkeys – new born-10 months 1:15

Contact Vickie 07876710427



The Pilot Pub

Adastral Square, BH17 8SA

Tel 01202 673113

<https://www.facebook.com/ThePilotAdastralSquare/>

Community Coffee Morning - Every Thursday morning at 10am - 12

Knit and Natter Group - Every Thursday morning at 10am - 12

Pop along for coffee, cake and great company.

